

FMA

Informative

Propagating the Filipino Martial Arts and the Culture of the Philippines

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For additional information on the FMAid Project, please contact:

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The FMA Informative found that the FMAid, Founded by Guro Jerome Teague and Punong Guro Elmann Cabotage is a Organization, which has come together and brought many Filipino martial artists and other practitioners and non-practitioners together to assist in providing relief for the Philippines, not only for major catastrophes, such as typhoons, earthquakes etc., but also for health, poverty and the list goes on.

Guro Jerome stated; natural disaster or not, the people of the Philippines always need aid. And the FMAid will continue to strive to assist in providing some aid whenever possible.

FMAid Project

Is a non-profit networking group formed by Filipino Martial Arts instructors to serve as a central hub for FMA fundraising events around the world.

Mission

To serve as a hub for the promotion of Filipino martial arts fund raising events around the world that are dedicated to providing humanitarian relief after the Cebu-Bohol Earthquake and Typhoon Yolanda (Haiyan).

Company Overview

We exist to provide Filipino martial artists across the world with a single, centralized location to find fundraising events, seminars and opportunities to help support and provide aid to our Filipino brothers and sisters during the aftermath of the 2013 Typhoon Haiyon, Cebu-Bohol Earthquake, and other disasters.

Each issue features practitioners of martial arts and other internal arts, other features include historical, theoretical and technical articles; reflections, Filipino martial arts, healing arts, the culture of the Philippines and other related subjects.

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Note From Jerome Teague

“The Filipino martial arts have benefited my life in so many ways. Not only financially, but my overall physical and mental health are elevated by my daily practice. I know many non-Filipino practitioners and instructors who do not know anything about the history, people, and country of origin of their arts, and yet they make a very profitable living from co-opting this component of Filipino culture. I do not ever want to be accused of being one of these people. No matter how popular or skillful I become as a practitioner or instructor, I acknowledge that I am a visitor being blessed by the generosity of my Filipino friends and family who share and allow me to take part in their heritage.”

What is the FMAid Project?

The FMAid Project is a networking entity for fundraising within the Filipino martial arts community. Founded by Guro Jerome Teague and Punong Guro Elmann Cabotage, the sole mission of this Project was to coordinate relief efforts and raise money for disaster relief in the Philippines after Typhoon Haiyan and the 7.3 magnitude Cebu earthquake. Guro Teague and Cabotage, met in Nashville TN in the spring of 2013. Guro Cabotage, a high ranking instructor of Bobby Taboada's Balintawak Arnis and Founder of Central Ohio Kickboxing and Arnis was working overseeing a construction project in Portland Tennessee and was searching for a

Filipino martial arts group to work out with while he was on location. He discovered that Guro Teague was running a training group teaching and representing Master Virgil Cavada's Applied Eskrima system as the Southeastern United States Representative. The two became fast friends and have been training partners ever since.

Through their collaborative training, Teague became acquainted with the classical Balintawak training methods and concepts while Cabotage began adopting many of Applied Eskrima's sophisticated locking, trapping, and disarming methods.

Over the next few months, Guro Cabotage made the ac-

quaintance of another associate of Guro Teague's, Guro Lakan Keith Groves of Villabrille-Largusa Kali. Teague, Groves, and Cabotage had discussed off and on the possibility of working together to host some type of Filipino martial arts event. Nothing ever really developed from these talks. However on November 8th Teague Groves and Cabotage began brainstorming a charity event to aid with disaster relief in the Philippines. Inspired by the countless grassroots efforts within the US based Filipino Community, they moved quickly and on November 14th, the FMAid Project was officially born.

1st Official FMAid Project

The first official FMAid Project Seminar was held on December 14th in Nashville, Tennessee. In the month leading up to the event, many other members of the south east Asian arts community joined in to support the effort. Kea Grace, an accomplished graphics designer and student of Silat and Kali donated her time and talent to producing graphics and advised on how to build a noticeable web presents quickly. Guro Mike Casto, Founder of AGPS Silat and an instructor of Cacoy Doce Pares

also helped to raise awareness for the Project and donated proceeds from similar events he conducted. Guro Viko Perrine of Kalis Ilustrisimo and Guro David Gould of Lameco Eskrima graciously donated their valuable time and knowledge to instruct at the event.

Additionally the Cavada, Tadena, and Cabotage families worked on their own end to raise funds and provide relief goods in the form of clothing, food, and essential supplies. In one short month, the FMAid Project and as-

sociates managed to raise approximately \$10,000 in relief to the Central Philippines. The project was so successful that Teague and Cabotage have decided to make it an ongoing effort and host an annual seminar with a revolving roster of instructors at a different location in the Southeast or Midwest. Guro Teague has also decided to pursue the avenue of having the FMAid Project registered as an official 501c3 non-profit organization.



*Guro David Gould
Lameco Eskrima*



*Guro Viko Perrine
Kalis Ilustrisimo*

FMAid Project - Typhoon Yolanda (Haiyan) Relief Seminar

December 14, 2013

Roger Killen's Tae Kwon Do, 4894 Nolensville Pike, Nashville, TN.

On December 14, 2013, the FMAid Project, Founded by Guro Jerome Teague with the assistance of Punong Guro Elmann Cabotage, held its first annual charity event to raise money for disaster relief in the Philippines.

Among the presenters who donated their time were Guro David Gould of Lameco Eskrima, Guro Viko Perrine of Kalis Ilustrisimo, Guro Jerome Teague of Applied Eskrima, and Guro Elmann Cabotage of Taboata Balintawak. Each presenter instructed attendees on some of the core elements of their respective systems. The seminar was one of the largest Filipino martial arts events in the Southeast with attendance topping out at 40 attendees, with many additional donations being accepted at the door and through PayPal. Among those in attendance were Guro Robin Schermerhorn of Dog Brothers Martial Arts and Silat Suffian Bela Diri (Memphis, TN) and Guro Keith Groves of Villabrille-Largusa Kali (Bowling Green, KY/Nashville, TN).

A DVD of the seminar is currently in production. The DVD is \$35 and orders can be placed through PayPal, with payments sent to FMAidProject@gmail.com. There is also a limited supply of t-shirts (\$35) and hooded sweatshirts (\$50) left over from the event, which are also available for order through PayPal. Please specify quantity and size in the order description.

In January, Guro Jerome Teague will be visiting the Central Philippines with Founder and Headmaster of Applied Eskrima, Virgil Cavada. They will be using proceeds from FMAid and other disaster relief efforts to purchase food and other essential supplies, and hand-carrying these items to some of the more isolated areas hit by Typhoon Haiyan (Yolanda).

When asked what his future goals were for the FMAid Project, Guro Jerome stated, "We pulled this thing together very quickly, not knowing how it would be received. We were totally overwhelmed by the amount of support shown for this seminar and our fundraising efforts. As such, I would like to see the FMAid Project evolve into an annual event to raise money within the FMA community to help the Filipino people and give back to the birthplace of our arts. I have begun to research the necessary steps for having the FMAid Project registered as an official 501(c)3 non-profit organization here in the US."



*Guro Elmann Cabotage
Taboata Balintawak*



*Guro Jerome Teague
Applied Eskrima*

FMAid Delivers to the Philippines

On January 14, 2014, Guro Jerome Teague departed Nashville Tennessee, to meet Guro Marvin Ubanos, a fellow AE instructor, and Master Virgil Cavada at his family home in Catmon Cebu, Philippines.

While there, the three purchased relief goods with funds gathered from their respective charity and personally delivered them to some of lesser known areas affected by the Typhoon and Earthquake.

The primary recipient for a majority of the aid was the small fishing village of Poblacion on the Island of Bantayan in Northern Cebu. The people of Poblacion are often passed over for relief goods due to their political demographic. FMAid and Master Cavada arrived on Tuesday, January 28th, with grains, donated clothing, and roofing materials to repair the severely damaged homes of residents. The group was informed that this was the first assistance that the people of Poblacion had received. The people of Poblacion were in desperate need and nearly exhausted the bulk of aid supplies. What little clothing and grain was left was distributed in other areas of Cebu.





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What about the Future of FMAid?

When asked about future missions of the FMAid Project, Guro Jerome stated, “*natural disaster or not, the people of the Philippines always need aid. Being my first visit to the country I was shocked at the level of poverty existing right next to staggering levels of wealth. The only thing more shocking than my initial reaction is the realization I had during my last few days in country. The gap is so ubiquitous that I had become desensitized to it because it was such a common fixture in my day-to-day activities there. Because of this I wish to hold at least one charity event per year. In instances when I cannot hand carry the aid myself, I will channel the funds to smaller charities that I know do honest and solid work. One such charity is Hope for Northern Cebu. Under the direction of Michael Barker of Cacoy Doce Pares, the charity’s primary focus as of late has been ensuring proper meals are available to the local school children in the small villages of northern Cebu. For some, this meal is the only one that they may be able to have in a given day. A full belly equals a focused mind thereby contributing to the potential improvement in these children’s’ standard of living in later life.*”



FMAid Project Typhoon Haiyan Benefit Seminar DVD

Nashville, TN, 2013.



Featuring instruction by Guro David Gould (Lameco Eskrima single knife) Guro Viko Perrine (Kalis Ilustrisimo single sword), Guro Jerome Teague Applied Eskrima basic body mechanics and Balintawak dilling) Guro Elmann Cabotage (Taboda Balintawak semi advanced Balintawak drilling). Run Time: 2hrs 45min

Price \$35 with all proceeds going to Typhoon Relief.

To order, Contact Guro Jerome Teague at FMAidProject@gmail.com

School Submission

The schools listed teach Filipino martial arts, either as the main curriculum or an added curriculum.

If you have a school that teaches Filipino martial arts, or you are an instructor that teaches, but does not have a school, list the school or style so individuals who wish to experience, learn and gain knowledge have the opportunity.

Be Professional; keep your contact information current. - [Click Here](#)



Event Submission

Submit your event whether - Seminar, Workshop, Training Camp, tournament, or Gathering - [Click Here](#)



Advertisement Submission

Advertising in the FMA Informative Website is FREE.

An Ad in the FMA Informative can create Business. Your Advertisement for Filipino martial arts forums, blogs etc, can be included in the FMA Informative. Advertisement is for the Filipino Martial Arts and the Philippines.



To submit Forums [Click Here](#). To submit advertisement for products and/or Services [Click Here](#)

Article Submission

Finished manuscripts should be accompanied by color or black and white photographs. Though we take care of materials, we can not be responsible for manuscripts/photographs and accept no liability for same. Every photograph or graphic must be accompanied by a caption Carefully key photos to caption information with a letter or number.

We reserve the right to use any photo(s) as cover material or additional compensation. We also reserve the right to edit material and to crop photographs.

We reserve the right to use articles or parts of articles that are given and approved from time to time as needed to promote the Filipino martial arts and the Culture of the Philippines.

Physical manuscripts should be typed in black, double spaced, and set to 1-1/2 margins (right and left).

Emailed manuscripts should be typed in Ariel or Times Roman, on programs such as Notepad, Wordpad, Microsoft Word, Word Perfect and can be sent as an attachment. Photo(s) can be sent as a .jpg, .gif, .bmp, or .tiff - to submit material for either the FMA Informative Newspaper or an Issue [Click Here](#)

We welcome your article, ideas and suggestions, and look forward to working with you in the future.