

FMA

Informative

Propagating the Filipino Martial Arts and the Culture of the Philippines

Informative Issue No. 154
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Arnis Pasindo Eskrima Martial Arts Association

10TH INVITATIONAL ARNIS TOURNAMENT

Amphitheater
Quezon Memorial Circle Quezon City, Philippines



2nd Seminar on the Arnis Pasindo Tournament Rules

Pre-Tournament

The Tournament Commences

Anyo Competition

Full Contact Sparring Competition

Combat Demonstration Competition

Winners



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The FMA Informative is very grateful to Joy Lim for providing the commentary and resources for this issue.

Master Cris Pasindo the organizer, held a seminar with Officials for this tournament on August 3, 2014. The objective of this seminar was to explain and demonstrate the updates to Arnis officials and coaches the rules that would be used in the Arnis Pasindo 10th Invitational Arnis Tournament. These updated rules would lessen the risk of injuries, pain, and bruises among players as well as make the point system clearer for the officials, players, and viewers. Plus a new event would be added which would be the Combat Demonstration.

Master Cris Pasindo

“I am happy that we have reached ten tournaments,” Master Cris Pasindo said. *“Over the years we learned a lot about how to organize these events and although there are glitches here and there, we continually strive to improve. We want to put up tournaments that test and hone skills as well as teach sportsmanship and discipline. That, I believe is one effective way to promote our national sport.”*

For this 10th tournament, aside from the Anyo and Full Contact Sparring, a new competition event was added. The Combat Demonstration competition called for pairs to showcase how Arnis techniques apply to real-life fights. “We want everyone to have a more complete appreciation of the art,” Master Cris said.

Anyo Competition: For the first time, Anyo competitors were limited to only two per event per team. This meant that only the best were fielded making the competition fierce. As usual, non-Filipino martial arts moves (e.g. Wushu jumps, Taekwondo kicks, Majorette throws, etc.) were not allowed.

Combat Demonstration: As this was a new event, only KAMAO fielded competitors. Two pairs demonstrated choreographed armed and unarmed fighting techniques.

The **Full Contact Sparring Competition** was as usual, the crowd favorite. Supporters as well as many park-goers stayed until evening to watch the intense fights.

- 142 players
- 15 teams
- 3 Events – Anyo, Combat Demonstration, Full Contact Sparring
- 36 officials
- 5 Grandmasters
- 3 trophies

In the end, individual and team winners were proclaimed and everybody said it was again a great day, playing a great game. We all look forward to the next one.

It was a Mabuhay ang Arnis! Mabuhay ang Pilipinas!

Each issue features practitioners of martial arts and other internal arts, other features include historical, theoretical and technical articles; reflections, Filipino martial arts, healing arts, the culture of the Philippines and other related subjects.

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ARNIS PASINDO ESKRIMA

MARTIAL ARTS ASSOCIATION INC. PHILIPPINES

SEC REG. NO. CN201002696



WELCOME

GUESTS AND PARTICIPANTS



DIGMAAN NG ARNIS 2014

10th Invitational Arnis Championship



Events: **ANYO COMPETITION**

COMBAT DEMONSTRATION COMPETITION

FULL-CONTACT SPARRING COMPETITION

Venue: Amphitheater, Quezon Memorial Circle, Phil. • Date: August 24, 2014, Sunday • Time: 8:00 a.m. to 7:00 p.m.

Sometimes I shake my head and doubt that organizing a tournament is worth the effort because it's crazy hard! But since Master Cris has the vision to bring Arnis in the Philippines to greater heights (like being included in the Asian games), his passion is rubbing off on all of us in his group.

On August 24, 2014, Sunday, at the Amphitheater of the Quezon Memorial Circle, Quezon City, Philippines, 142 athletes from fifteen teams competed in three events (Anyo, Combat Demonstration, and Full Contact Sparring). Supporters and also a lot of park-goers watched from morning to evening and that made us happy because that meant more people were exposed to Arnis.



2nd Seminar on the Arnis Pasindo Tournament Rules

August 3, 2014

Quezon Memorial Circle, Quezon City, Philippines

With the vision of holding world class tournaments that will hone athletes for international tournaments, Master Cris Pasindo spearheaded the creation of a new set of rules. Three weeks before its 10th tournament, twenty Arnis Masters and practitioners attended a seminar in order to study and discuss the rules.

Joy Lim interviews Master Cris Pasindo.

Joy Lim: *When did you first use these new set of rules?*

Master Pasindo: We first used them in our 9th Arnis tournament last March 2014. We spent many months conceptualizing those rules and after that first run, we made some more refinements.

Joy Lim: *Why did you decide to make your own rules?*

Master Pasindo: Each tournament we organized taught us lessons on how to or not to do things. The main goals of these new rules are:

- To lessen injury. For example, multiple strikes, one after another without changing leg or body position are no longer allowed.
- To make the scoring system clearer so that even those who don't practice Arnis will understand how the points are scored.
- To lessen the chances of cheating.
- To showcase traditional Arnis. We want to encourage athletes to learn Filipino martial arts without mixing it with other arts. There-



fore, in the Anyo competition, non-Filipino martial arts moves like Wushu rolls, Taekwondo kicks, or Majorette twirls are no longer allowed.

Joy Lim: *Why do you hold seminars?*

Master Pasindo: All officials will be better at their officiating if they know the rules by heart. We also invite the coaches to attend so that they can guide their team properly.

Joy Lim: *What are your next plans for these rules and semi-*

nars?

Master Pasindo: We registered these rules with the Intellectual Property Office to safeguard it but we will continue to refine it as we see the need. From now on, each of our tournaments will be preceded by a seminar on its rules as well as dry runs.

We are confident that these efforts will bring us closer to our dream of organizing world class tournaments that help prepare athletes for international competitions.

Pre-Tournament

On August 24, 2014, Sunday, at the Amphitheater of the Quezon Memorial Circle, Quezon City, Philippines, 142 athletes from fifteen teams competed in the Arnis Pasindo's 10th Tournament.

Tournament Objectives:

- To provide a safe, fair, and positive venue for athletes to test and hone their skills
- To showcase combat and sport Arnis
- To teach sportsmanship and discipline among all participants

Tournament Adviser: Dagooc, Rodel

Organizer and Director: Pasindo, Crisanto

Secretariat: Nacario, Rowena

Grandmasters Present:

1. Aycocho, Frank (Aycocho Martial Arts)
2. Dagooc, Rodel (Dagooc Arnis System)
3. dela Cruz, Jeremias (Arnis Cruzada)
4. Sanchez, Vicente (Kali Arnis International Association)
5. Taliedo, Mario (Doce Pares)



A sentimental photo of our old reliable public address system. We hope to upgrade soon.





Referees and Judges

1. Altas, Rizan Von
2. Bautista, Doyle
3. Belecina, Allan
4. Cometa, Candido Jr.
5. Esguerra, Rein Rose
6. Eufrazio, Jun
7. Fernando, Kent
8. Gregorio, Jerry
9. Lacanaria, Lynn
10. Maglangit, Eldie
11. Rosales, Ted
12. Sanchez, Japi
13. Sagun, Michael
14. Santos, Romeo
15. Santos, Ronnel

Table Officials

1. Aguanta, Joanna Marie
2. Altas, Bembem
3. Altas, Rhea
4. Agustin, Sherry
5. Bombio, Army
6. Cepres, Cedric
7. Laurin, Jessical
8. Miral, Ahzel
9. Nacario, Rowena (Head)
10. Obado, Rose Ann
11. Ruado, Ronaliza



The table committee, headed by the very-pregnant but still agile Dayang Rowena Nacario.



Timers

1. Nacario, Jennerose
2. Nino, Gizel

Scorers

1. Benlot, Marly
2. Dela Cruz, Jeremy
3. Padernos, Jayson
4. Garcila, Rajan



Armorers

1. Baylon, Ruel
2. Nacario, Ismael
3. Nacario, Sonny Mark
4. Tomasa, Ernesto

Volunteers

- Food: Amalia, Rosemarie and Analyn Abello
- Housekeeping: Belen Sagadal
- Medic: J. Lim
- Physical set up / strip down: Arnis Pasindo Team

Only a few of the officials are veterans, many are beginners. That's not a problem, according to Master Cris. *"Beginners can be trained. What's important is that they agree with our goal of having clean and clear tournaments."*

The tournament was scheduled to start at 8:30AM but as early as 7AM, eager athletes started to arrive.

Participating Teams:

1. Arkado Antipolo (Haggai Christian Academy and ACE Computer Institute) - Coaches Doyle Bautista and Mae de Leon
2. Arnis Pasindo Eskrima Martial Arts Association – Coach Candido Cometa
3. Arnis Rondonian Strikers
4. Arnis Warriors - Coach Romeo Mendoza Jr.
5. Asian Institute of Maritime Studies - Coach Sherwin Rabo
6. Aycocho Martial Arts Center - Coach Hyungki Cho
7. Concepcion Integrated School Maharlika Arnis Team - Coach Clarissa Aducal
8. Filipino Elusive Warrior - Coach Ramjay Mark Anor
9. Kali Arnis International Association
10. KAMAQ (Ateneo, Claret, St. Paul's College) - Coaches Ryan Gialogo, Aloy Diaz
11. Manuel A. Roxas High School Spartans Arnis Team - Coaches Alberto Dacallos, Jr., Felix Luna
12. Paclibar Bicol Kali - Coaches Raniel Lorenzo, Jonel dela Cruz
13. Pulis Arnis Akademya (PARAK) - Coach Ruel Gatbonton
14. Rapido Realismo Kali
15. Senator Rene Campanero Cayetano Arnis Club - Coach Lani Acierto



The earliest team was ARKADO Antipolo. Their Barangay supported them by lending them two vehicles to bring them to the tournament.



KAMA O members are from three popular private schools: Ateneo, Claret, and St. Paul's. They're the team which bagged the overall title in the first International Thang-ta Championship in Chongju, Korea in 2013. - (Read article)

Phl Arnis Team Cops Overall Title in World Tourney

The Philippine Star - September 26, 2013

Daniel Bernas

Manila, Philippines - The Philippine arnis team racked up four gold, five silver and four bronze medals in the World Martial Arts Festival and bagged the overall title in the first International Thang-ta Championship in Chungju, Korea recently.

Reg Geli bested compatriot Hannah Donato for the gold in the lightweight division, Daniel Bernas took the gold in the half lightweight class, Masters Richard Gialogo and Ryan Gialogo made a 1-2 finish in the half heavyweight division and Allan Valencia dominated the heavyweight category.

Other medal winners were half lightweight Georgia Uy (silver), lightweights John Donato (silver) and Jake Fragranted (bronze), middleweights Jeff Tan (silver) and Ryan Bermase (bronze).

Bermase also took the bronze in the double-sword sparring category in the second Chungju Open Martial Spirit Masters Championship while teaming up with Bernas, Tan, Valencia and Xavier Garcia to finish fourth in the five-man team long sword category.

Master Ryan Gialogo, reelected vice president of WoMAU, also wound up third in the international martial arts competition.

Bernas and Hannah Donato ended up fifth in the two-person weapons demo while John Donato and Reg Reyes and the team made it to the Top 10 in the empty-hand demo and group exhibition category, respectively.

The week-long festival, organized by the World Martial Arts Union (WoMAU) in partnership with the UNESCO, drew 27 teams from 23 member countries.



The Tournament Commences



The Opening Ceremony was short and simple: National anthem, opening prayer, message from Master Cris, oaths of sportsmanship.



**Arnis Pasindo Eskrima Martial arts Association
10th Invitational Tournament**

Results

Anyo Competition

I admit that in previous tournaments, there were moments when I got a bit sleepy during the Anyo competition. But not anymore. In this 10th tournament, each team was allowed only two competitors per event so of course, they sent their best. It was really educational to watch because non-FMA moves were not allowed (e.g. Wushu jumps, Taekwondo kicks, Majorette throws, etc.). It was just Arnis. Pure and terrific.



Individual Solo Baston Junior Division

Boys 14 - 17 Years Old

Edel Fragante (KAMAO)

No Entry

No Entry

Gold

Silver

Bronze

Girls

Maribel Tado (CIS Maharlika)

No Entry

No Entry

Individual Solo Baston Senior Division

Men 18 Years Old & Above

Antonio Daniel Bernas (KAMAO)

Daniel Boticario (Paclibar)

Nathaniel Ragas (KAMAO)

Gold

Silver

Bronze

Women

Christine Agar (SRCC Arnis)

Mary Lloyd Garcia (SRCC Arnis)

No Entry

Individual Doble Baston Junior Division

Boys 14 - 17 Years Old

Delter De Ello (Arkado Antipolo)

Denver De Ello (Arkado Antipolo)

Edel Fragante (KAMAO)

Gold

Silver

Bronze

Girls

Hannah Rose Naguilada (SRCC Arnis)

Ma. Kyla Lodana (SRCC Arnis)

No Entry

Individual Doble Baston Senior Division

Men 18 Years Old & Above

Antonio Daniel Bernas (KAMAO)

Joshua Tagunicar (Paclibar)

Nathaniel Ragas (KAMAO)

Gold

Silver

Bronze

Women

Geraldine Cañete (Paclibar)

No Entry

No Entry



Students from Concepcion Integrated High School. Some of them also won medals but what struck me most about this group is their courtesy and gratefulness. They smiled, greeted people, and said "thank you" many times. Look at those pleasant faces.

Full Contact Sparring Competition

The Full Contact Sparring Competition was as usual, the crowd favorite. Supporters as well as many park-goers stayed until evening to watch the intense fights.

In the end, individual and team winners were proclaimed and everybody said it was again a great day, playing a great game. We all look forward to the next one.



Kids Division

Boys 7 Years Old & Below		Girls
Marjoe Benlot (Arnis Pasindo Eskrima)	Gold	No Entry
Nerzy Santos (CIS Maharlika)	Silver	No Entry
Marjhon Benlot (Arnis Pasindo Eskrima)	Bronze	No Entry

Kids Division

Boys 8 - 9 Years Old		Girls
Rommel Gotendecina (CIS Maharlika)	Gold	Norie Jane Dolera (CIS Maharlika)
John Aiken Buctolan (Arnis Warriors)	Silver	Angel Marie Arayao (CIS Maharlika)
John Christopher Carles (PARAK)	1st Bronze	No Entry
	2nd Bronze	No Entry



Kids Division

Boys 10 - 11 Years Old		Girls
Aira Vance Flores (CIS Maharlika)	Gold	Joanna Garcia (CIS Maharlika)
John Mark Benlot (Arnis Pasindo Eskrima)	Silver	No Entry
James Pascual (Arnis Pasindo Eskrima)	1st Bronze	No Entry
Jude Russel Janod (SRCC Arnis)	2nd Bronze	No Entry

Kids Division

Boys 12 - 13 Years Old		Girls
Kenneth Navarro (Paclibar)	Gold	Dara Llanne Sapanghila (Arkado Antipolo)
Mark Louis German (Arkado Antipolo)	Silver	Jamaica Joy Ebalan (Cis Maharlika)
Chris Spenser Masing (Arnis Rondonian Strikers)	1st Bronze	Maryloid Garcia (SRCC Arnis)
Orlando Baldo (CIS Maharlika)	2nd Bronze	Rachel Somera (Paclibar)

Junior Division

Boys 14 - 15 Years Old (Small)		Girls
Dave Lavao (Paclibar)	Gold	Maria Mae Advincula (Roxas High School)
Kevin Aballe (Arnis Rondonian Strikers)	Silver	Dianne Dumadag (CIS Maharlika)
Denver Rc De Ello (Arkado Antipolo)	1st Bronze	Krizzha Zamora (Arkado Antipolo)
Robert Cruz (Paclibar)	2nd Bronze	Margareth Aquino (KAMAO)

Junior Division

Boys 14 - 15 Years Old (Big)		Girls
Delter De Ello (Arkado Antipolo)	Gold	Caroline Balayo (Paclibar)
Jude Saplan (Paclibar)	Silver	Mary Joy Descada (Paclibar)
Kevin Zamorra (Arkado Antipolo)	1st Bronze	Ma. Kyla Lodana (SRCC Arnis)
Renz Paulo Secretaria (Arkado Antipolo)	2nd Bronze	Angelica Soto (Paclibar)

Junior Division

Boys 16 - 17 Years Old (Small)		Girls
John Emmanuel Manalo (PARAK)	Gold	Joan Delas Angeles (PARAK)
Kris Peñaranda (Paclibar)	Silver	Jessabel Apolinar (Arkado Antipolo)
Sean Mallen (Paclibar)	1st Bronze	China Zamora (KAMAO)
Jomar Quityag (Arkado Antipolo)	2nd Bronze	Hazel Solis (Paclibar)



Junior Division

Boys 16 - 17 Years Old (Big)
 Bryan Padua (Paclibar)
 Allen John Cagalawan (PARAK)
 Renzo Espartinez (Roxas High School)

John Kenneth Luzuriaga (AIMS)

Senior Division 18 - 39 Years Old

Men 55kg & Below Fly Weight
 Arnel Caber (Paclibar)
 Salvador Alfonso Buque (Paclibar)
 Reymond Gerald Bautista (Arkado Antipolo)
 Joseph Solayao Jr (KAMAO)

Senior Division 18 - 39 Years Old

Men 56-58 Kg & Below Fin Weight
 Romualdo Francisco (Paclibar)
 Chidi Emmanuel Ifchukmia (AIMS)
 Ian Patrick Alix (Arkado Antipolo)
 John Guiller (Arkado Antipolo)

Senior Division 18 - 39 Years Old

Men 59 - 63 Kg Bantamweight
 Calyx Jade Arguelles (Paclibar)
 Reniel Tuñacao (PARAK)
 Jaypee Eneria (Paclibar)
 Kenjie Macaldao (Kali Arnis Int'l)

Senior Division 18 - 39 Years Old

Men 64 - 67 Kg
 Joshua Agunicar (Paclibar)
 Joey Conceja (PARAK)
 Brian Simon (Kali Arnis Int'l)
 John Aeron Tibayan (AIMS)

Senior Division 18 - 39 Years Old

Men 68 - 71 Kg Half Light Weight
 Emmauel Lacs Jr (Paclibar)
 Jovannie Boiles (PARAK)
 Jerome Chico (PARAK)
 Hwang Sung Kyu (AMAC)

Senior Division 18 - 39 Years Old

Men 72 - 75 Kg Light Weight
 Daniel Boticario (Paclibar)
 Joey Salvadico (PARAK)
 Mark Jover Bañes (AIMS)
 Steve Cho (AMAC)

Girls
 Carmela Grace Cellis (Roxas High School)
 Ma. Abigayle Denise Recio (KAMAO)
 Rickie Mae Rimando
 (Arnis Rondonian Strikers)
 Princess Fhem Probio (Arkado Antipolo)

Women 45kg & Below
 Gerah Cañite (Paclibar)
 Rodelyn Manlangit (Arkado Antipolo)
 No Entry
 No Entry

Women 46-47 Kg & Below
 No Entry
 No Entry
 No Entry
 No Entry

Women 48 - 50 Kg
 No Entry
 No Entry
 No Entry
 No Entry

Featherweight Women 51 - 53 Kg
 Beafior Mendoza (Arkado Antipolo)
 No Entry
 No Entry
 No Entry

Women 54 - 56 Kg
 Lizel Molit (PARAK)
 No Entry
 No Entry
 No Entry

Women 57 - 59 Kg
 Kardyn Rae Yogyog (KAMAO)
 No Entry
 No Entry
 No Entry



Senior Division 18 - 39 Years Old

Men 76 - 80 Kg Middle Weight
 Marjun Capuno (AIMS) Gold
 Jordan Bradley Cruz (KAMAO) Silver
 No Entry 1st Bronze
 No Entry 2nd Bronze

Senior Division 18 - 39 Years Old

Men 81 - 85 Kg Half Heavy Weight
 John Adrian Dalumpines (AIMS) Gold
 No Entry Silver
 No Entry 1st Bronze
 No Entry 2nd Bronze

Senior Division 18 - 39 Years Old

Men 86 Kg & Above Heavy Weight
 Leovemar Cris Hamoy (PARAK) Gold
 Patrick Punsalan (AIMS) Silver
 Jeanne Earl Camus (AIMS) 1st Bronze
 Khalil Andre Redoble (KAMAO) 2nd Bronze

Senior Division 40 Years Old & Above Open Weight

Men 40 Years Old & Above
 Geoffrey Singon (PARAK) Gold
 Sherwin Rabo (AIMS) Silver
 Noel Nada (SAP) 1st Bronze



Women 60 - 65 Kg
 Carmela Mae Lacs (PARAK)
 Pamela Faith Musni (KAMAO)
 No Entry
 No Entry

Women 66 - 70 Kg
 No Entry
 No Entry
 No Entry
 No Entry



Women 71 Kg & Above
 No Entry
 No Entry
 No Entry

Women
 No Entry
 No Entry
 No Entry





Arnis Pasindo Kids. 11-year old Mark, 4th from left, eventually won the full sparring category in his age group.

Combat Demonstration Competition

As this was a new event, only KAMAo fielded competitors. Two pairs demonstrated choreographed armed and unarmed fighting techniques.

This was an event introduced in this 10th tournament. The goal was to show the real-life applicability of Arnis moves. Only KAMAo fielded competitors but their demonstrations were so impressive that I heard several other athletes say that they'll train to compete next tournament. Good!



Men 18 years old and above

Women

1) Nathaniel Ragas (KAMAo) Gold

2) Antonio Daniel Bernas (KAMAo) Gold

1) Yzabela Kristinelle Palecpec (KAMAo)

2) Pamela Faith Musni (KAMAo)

Results tabulated and provided by Dayang Rowena Nacario.

Winners







2nd Place: Pulis Arnis Akademya (PARAK). Coach Ruel Gatbonton

Overall Winners

Club Name	Gold	Silver	Bronze	Total	Rank
Paclibar Bicol Kali	11	6	5	22	Champion
Pulis Arnis Akademya	7	5	2	14	First Runner Up
KAMAO	6	3	7	16	Second Runner Up
CIS Maharlika	5	4	1	10	Third Runner Up
Arkado Antipolo	4	4	9	17	Fourth Runner Up
AIMS	2	3	4	9	Fifth Runner up



3rd Place: KAMAO. Coaches Ryan Gialogo and Aloy Diaz



1st Place: Paclibar Bicol Kali. Coaches Raniel Lorenzo and Jonel dela Cruz



School Submission

The schools listed teach Filipino martial arts, either as the main curriculum or an added curriculum.

If you have a school that teaches Filipino martial arts, or you are an instructor that teaches, but does not have a school, list the school or style so individuals who wish to experience, learn and gain knowledge have the opportunity.

Be Professional; keep your contact information current. - [Click Here](#)



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